

LESLEY GREIG

lesley.lgtrainingconsulting@gmail.com

Stoney Creek, ON

289-921-8002

PROFILE

Seasoned CYCP/ CBT practitioner with diverse experience teaching and mentoring others with expertise in children and youth, mental health, MSE, risk assessments, family work, crisis intervention, suicide ideation, self-harm, and those impacted by trauma.

QUALIFICATIONS

- OACYC Full Professional Certified Member
- Certified in Motivational Interviewing, VTRA Trainer Level 1 and 2, DBT, CPI
- Proficient in crisis intervention, counseling techniques, and group facilitation
- Strong understanding of child development and challenges faced by youth and families
- Instructor of Applied Suicide Intervention Skills Training for over 13 years
- Excellent communication and interpersonal skills with a proven ability to build rapport and establish trust with clients
- Conducted workshops and seminars on professional development and best practices
- Passionate about making a positive impact on the lives of children, youth, and families
-

PROFESSIONAL EXPERIENCE

LG Training Consulting

- At LG Training & Consulting we provide Gold Standard World Health Organization Endorsed Suicide Prevention Training.
- Provide Mental Health Education to Corporate and Community Organizations.
- We also offer on line teen and family counselling with a warm inviting approach providing a safe, secure and respectful environment to you educate and support you in building resilience, new skills and the confidence needed to manage the day to day decisions/stressors.

Professor, Mohawk College of Applied Arts & Technology

2020-Present

- Provided current and relevant teachings in the Human Foundations Program
- Developed curriculum and instructional materials to enhance student learning
- Mentored and advised students, providing guidance for their academic and professional growth
- Facilitated engaging and interactive classroom discussions to promote critical thinking and knowledge retention

CYC Practitioner, McMaster Children's Hospital

2016-Present

- Front-line worker in the Children and Youth Mental Health Unit 3G and in the Mental Health Assessment Unit in the Emergency Dept
-

LESLEY GREIG

lesley.lgtrainingconsulting@gmail.com

Stoney Creek, ON

289-921-8002

- Facilitates DBT, CBT, and mindfulness Psycho-ed groups while managing the complex needs and behaviors of the patients
- Provides direct support and intervention to children, youth, and families
- Implements evidence-based strategies and therapeutic approaches to promote positive development and well-being
- Collaborates with interdisciplinary teams to develop individualized care plans
- Conducts assessments, creates progress reports, and maintains accurate documentation

ASIST Trainer, Applied Suicide Intervention Skills Training 2011-Present

- Conducted training sessions on suicide intervention and prevention for the Continuing Education students of Mohawk College, CMHA, and regularly provide ASIST training within the Hamilton, Halton, Niagara community
- Promoted awareness and understanding of mental health issues related to suicide

Counselor, Family Matters Counselling 2011-2016

- Operated a Private Practice providing counseling support focused on the entire family
- Utilized evidence-based therapeutic techniques to promote healing and resilience
- Maintained confidentiality and adhered to ethical guidelines in all client interactions
- Placed an emphasis on those struggling with communication styles in the context of the family, conflict resolution, anger management, behavioral issues, suicide ideation, self-harm, anxiety, ADHD, and trauma
-

C&Y Crisis Mental Health Worker, St Joseph's Community HealthCare 2000-2016

- Worked as a member of the COAST multi-disciplinary team responding to mental health crises in the community as well as responding to the crisis line
- Participated as an active member of the SPCCH, VTRA committee, Suicide Protocol Committee, ASIST trainer
- Efficiently trained and mentored new staff
- Developed programs, and conducted training and presentations to the community to increase awareness of mental health issues
- Collaborated with community partners, such as hospitals and police departments, to ensure comprehensive care

Youth Coordinator, MAC Door, McMaster School of Nursing/Wesley Urban Ministries 2002-2005

Therapeutic Group Facilitator, Mohawk College 2000-2002

Field Placement Specialist, Mohawk College 2000-2003

LESLEY GREIG

lesley.lgtrainingconsulting@gmail.com

Stoney Creek, ON

289-921-8002

CYCP, Day Treatment/Family Preservation Worker, Woodview Children's Centre

1993-2000

EDUCATION

LivingWorks, Calgary, AB

ASIST Trainer & SafeTALK trainer

McMaster University, Hamilton, ON

Studied Psychology

Mohawk College, Hamilton, ON

Child and Youth Worker Diploma

Graduated with honors

Additional Education/Trainings

Vicarious Trauma Training

Ministry Of Children and Youth Services Youth Justice Services Division

The "ASK" workshop assessing for Suicide in Kids

Wallis Balog

Level 1 & Level 2 VTRA Training, Violence Threat Risk Assessment

By Kevin Cameron ED Board Certified Expert in Traumatic Stress, Diplomate American Academy of Experts in Traumatic Stress

Surviving Social Media Developing a Mentally Healthy Digital Generation

Canadian Mental Health Association

Asking the Right Questions/Talking with Clients about Sexual Orientation & Gender Identify

Camh, Centre for Addiction and Mental Health

AWARDS

Received the [*Award of Excellence in Recognition of the high standards of service and contributions to the field of Crisis work*](#)

From the Crisis Society of Ontario awards 2007

Received the [*50 over 50 WISE Award Entrepreneur of the Year*](#)

LESLEY GREIG

lesley.lgtrainingconsulting@gmail.com

Stoney Creek, ON

289-921-8002

Wendy Mayhew Author, Speaker and senior entrepreneur 2017